

## HOW TO USE THE CURRICULUM

This curriculum is designed to serve our facilitation of workshops – it's intended to be a guide to deepening our understanding and knowledge of active nonviolence.

However, we all learn in different ways and at different rates, so this is not an academic curriculum. There is no expectation of completion or testing for correct understanding. Please don't be overwhelmed by it – it's up to you how you use it.

Each section of the curriculum has a small number of *key resources* that convey an approach or information essential to an understanding of Turning the Tide's core purposes. These key resources are backed up by *additional resources*, which you can pursue if your appetite is whetted. Not all the resources are books – some are videos and articles. All the key resources are available in the Turning the Tide Resource Library.

Whilst there is no testing, we would like our learning to be fed back into the Programme for the benefit of other Resource People. Bearing this in mind should help us to learn so that we can use and communicate to others the insights we gain.

This could be by

- writing a book or film review,
- summarising an argument,
- designing an exercise for use in a workshop,
- doing a presentation to Resource People,
- producing some visual aids,
- applying the ideas to our own experience in some way,
- analysing a current social movement in the light of the ideas

When reading or viewing something from the curriculum, it's important to bear in mind how we could use the material. The possibilities are endless and almost entirely up to you. Please let staff know what your plans are though.

The check-in meetings with staff are opportunities to plan our use of the curriculum – staff will be able to guide our choices and discuss possibilities, as well as helping with ideas of how to present our learning.